



August 31, 2026

Board of Trustees Resolution

Recognizing September 6th - September 12th, 2026 as Suicide Prevention Week

Whereas, September is known as National Suicide Prevention Awareness Month which helps promote resources and awareness around the issues of suicide prevention. It teaches how to help others and how to talk about suicide without increasing the risk of harm; and

Whereas, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background. Suicide is the 10th leading cause of all deaths in the United States and the 44th leading cause of all deaths in California. On average, 123 people commit suicide every day in the United States, which equals approximately one person every 12 minutes; and

Whereas, in the United States, rates of suicide are highest among people from 45 to 54 years of age, and rates of suicide among youth who are from 15 to 24 years of age have increased more than 200 percent in the last 50 years; and

Whereas, each day, an estimated 22 veterans in the United States commit suicide, which equals approximately one veteran every 65 minutes; and

Whereas, it is estimated that there are 4.78 million people in the United States, known as survivors of suicide, who have lost a loved one to suicide; and

Whereas, a great number of suicides are preventable. Most suicidal people display warning signals of their intentions; however, others are often unaware of these signals or unsure what to do about them; and

Whereas, the stigma associated with mental illness and suicide works against suicide prevention by discouraging persons at risk for suicide from seeking lifesaving help and further traumatizes survivors of suicide; and

Continued on Page 2



August 31, 2026

Page 2

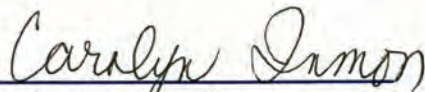
Board of Trustees Resolution

Recognizing September 6th - September 12th, 2026 as Suicide Prevention Week

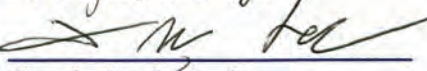
Whereas, the South Orange County Community College District, Irvine Valley College and Saddleback College offer an array of resources to students and employees to reduce the frequency of suicide attempts and deaths and the pain of survivors of suicide through programs, intervention services, and bereavement services; and

Whereas, Suicide Prevention Week is a time to acknowledge the tragic loss of individuals who have committed suicide and to commemorate the actions of organizations and individuals working to prevent suicide and raise awareness of suicide as a public health issue; now, therefore,

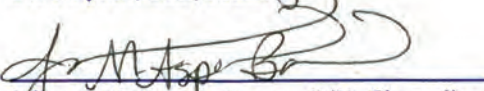
Be It Resolved, that the South Orange County Community College District Board of Trustees declare the week of September 6, 2026 through September 12, 2026, as Suicide Prevention Week in the South Orange County Community College District and that all employees and students raise awareness through various initiatives, events or programs.


Carolyn Inmon, President

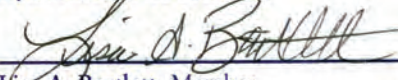

T.J. Prendergast III, Clerk


Timothy Jemal, Member


Terri Rydell, EdD, Member


Julianna M. Asperin Barnes, EdD, Chancellor


Ryan Dack, Vice President


Lisa A. Bartlett, Member


Marcia Milchiker, Member


Eric Shin, Student Member