

RESOLUTION

SOUTH ORANGE COUNTY
COMMUNITY COLLEGE DISTRICT
BOARD OF TRUSTEES

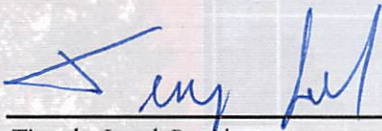
September 18, 2023

Page 2

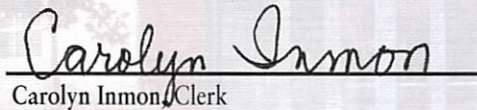
Reconinizing Sptember 10 - September 16, 2023 as Suicide Prevention Week

WHEREAS, Suicide Prevention Week is a time to acknowledge the tragic loss of individuals who have committed suicide and to commemorate the actions of organizations and individuals working to prevent suicide and raise awareness of suicide as a public health issue; now, therefore,

BE IT RESOLVED that the South Orange County Community College District Board of Trustees declare the week of September 10-16, 2023, through September 10, 2023, as Suicide Prevention Week in the South Orange County Community College District and that all employees and students raise awareness through various initiatives, events or programs.



Timothy Jemal, President

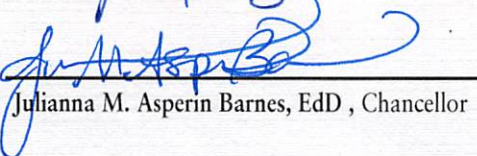


Carolyn Inmon, Clerk

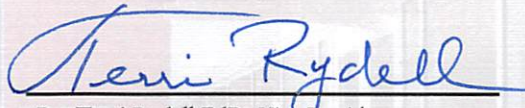
Barbara J. Jay, DDS, Member



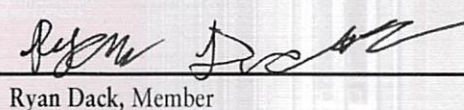
T.J. Prendergast III, Member



Julianna M. Asperin Barnes, EdD, Chancellor



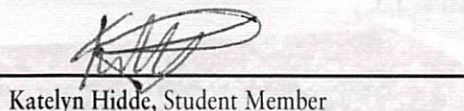
Dr. Terri Rydell Edd, Vice President



Ryan Dack, Member



Marcia Milchiker, Member



Katelyn Hidde, Student Member



RESOLUTION

SOUTH ORANGE COUNTY
COMMUNITY COLLEGE DISTRICT
BOARD OF TRUSTEES

September 18, 2023

Reconinizing Sptember 10 - September 16, 2023 as **Suicide Prevention Week**

WHEREAS, September is known as National Suicide Prevention Awareness Month which helps promote resources and awareness around the issues of suicide prevention. It teaches how to help others and how to talk about suicide without increasing the risk of harm; and

WHEREAS, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

WHEREAS, suicide is the 10th leading cause of all deaths in the United States and the 44th leading cause of all deaths in California; and

WHEREAS, on average, 123 people commit suicide every day in the United States, which equals approximately one person every 12 minutes; and

WHEREAS, in the United States, rates of suicide are highest among people from 45 to 54 years of age, and rates of suicide among youth who are from 15 to 24 years of age have increased more than 200 percent in the last 50 years; and

WHEREAS, each day, an estimated 22 veterans in the United States commit suicide, which equals approximately one veteran every 65 minutes; and

WHEREAS, it is estimated that there are 4.78 million people in the United States, known as survivors of suicide, who have lost a loved one to suicide; and

WHEREAS, a great number of suicides are preventable; and

WHEREAS, most suicidal people display warning signals of their intentions; however, others are often unaware of these signals or unsure what to do about them; and

WHEREAS, the stigma associated with mental illness and suicide works against suicide prevention by discouraging persons at risk for suicide from seeking lifesaving help and further traumatizes survivors of suicide; and

WHEREAS, the South Orange County Community College District, Irvine Valley College and Saddleback College offer an array of resources to students and employees to reduce the frequency of suicide attempts and deaths and the pain of survivors of suicide through educational programs, research programs, intervention services, and bereavement services; and