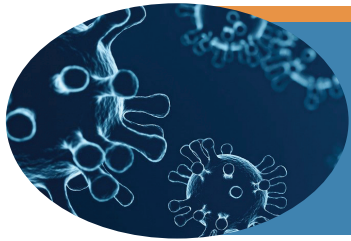


Employee COVID-19 Flow Chart

Version: Jan. 11, 2022



“What if I had **close contact** (within six feet for at least 15 minutes) of someone with COVID-19?”

CLOSE CONTACT WITH SYMPTOMS

You may return to work only if:

- At least **24 hours** have passed since a fever of 100.4 or higher has resolved without the use of fever-reducing medications; and
- Your symptoms have **improved**; and
- At least **10 days** have passed since your symptoms first appeared.

CLOSE CONTACT WITHOUT SYMPTOMS

You may return to work if:

- After **14 days** since the last contact; or
- After **10 days**, if you wear a mask inside and outside for four days; or
- After **7 days**, if you have a negative test taken at least five days after close contact (if you wear a mask inside and outside at work for seven days).

WHEN TO GET TESTED AFTER EXPOSURE ?

According to the CDC, the incubation period for COVID-19 is between two and 14 days. Those looking to get tested after exposure should do so **five days after exposure** or **if they begin experiencing symptoms**.

POSITIVE TEST WITH SYMPTOMS

- At least **24 hours have passed** since a fever of 100.4 or higher has resolved without the use of fever-reducing medications; and
- Your COVID-19 **symptoms have improved**; and
- At least **10 days** have passed since your symptoms first appeared.

POSITIVE TEST WITHOUT SYMPTOMS

If you have tested positive for COVID-19, but do not have any symptoms, you cannot return to work until a minimum of **10 days have passed** since the date of the COVID-19 test.

“I **tested positive** for COVID-19, when can I return to work?”

“How do I calculate my isolation / quarantine period?”

WITH SYMPTOMS

DAY ZERO

Day Zero is your first day of symptoms.

DAY ONE

Day One is the first full day after your symptoms developed.

WITHOUT SYMPTOMS

DAY ZERO

Day Zero is the day of the positive test.

*Note: If you develop symptoms after testing positive, then **Day Zero** becomes the first day of symptoms.*

REQUIREMENTS FOR TESTING IF EMPLOYEES ARE WORKING ONSITE:

Please check with your direct supervisor.

Three or more days per week:

Test at the beginning of the week.

Two or more days per week:

Test at the beginning of each shift.

One day per week:

Test at the beginning of each shift.