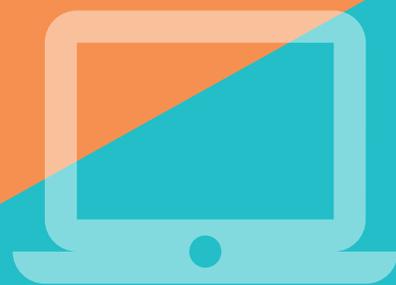


SOUTH ORANGE COUNTY  
COMMUNITY COLLEGE  
DISTRICT



# SUPPORT FOR EMPLOYEES



[www.socccd.edu](http://www.socccd.edu)

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## Crisis Phone Hotlines

### **Child Protective Services (County CPS)**

24-hour hotline 800.207.4464

<https://ssa.ocgov.com/abuse/child>

### **Crisis Assessment Team**

866.830.6011

### **Children of the Night/Rescue**

24-hour hotline 800.551.1300

### **National Domestic Violence**

800.799.7233

### **National Runaway Safeline**

800.786.2929

### **National Sexual Assault Hotline**

800.656.4673

### **National Center-Missing/Exploited Children**

800.843.5678

### **National Human Trafficking Hotline**

888.373.7888

Text "BeFree" to 233733

### **Trevor Project: Suicide Prevention for LGBT**

866.488.7386

### **Suicide Prevention**

800.273.8255

### **Domestic Abuse Helplines**

Laura's House: 24-hour hotline 866.498.1511

Human Options: 24-hour hotline 877.854.3594



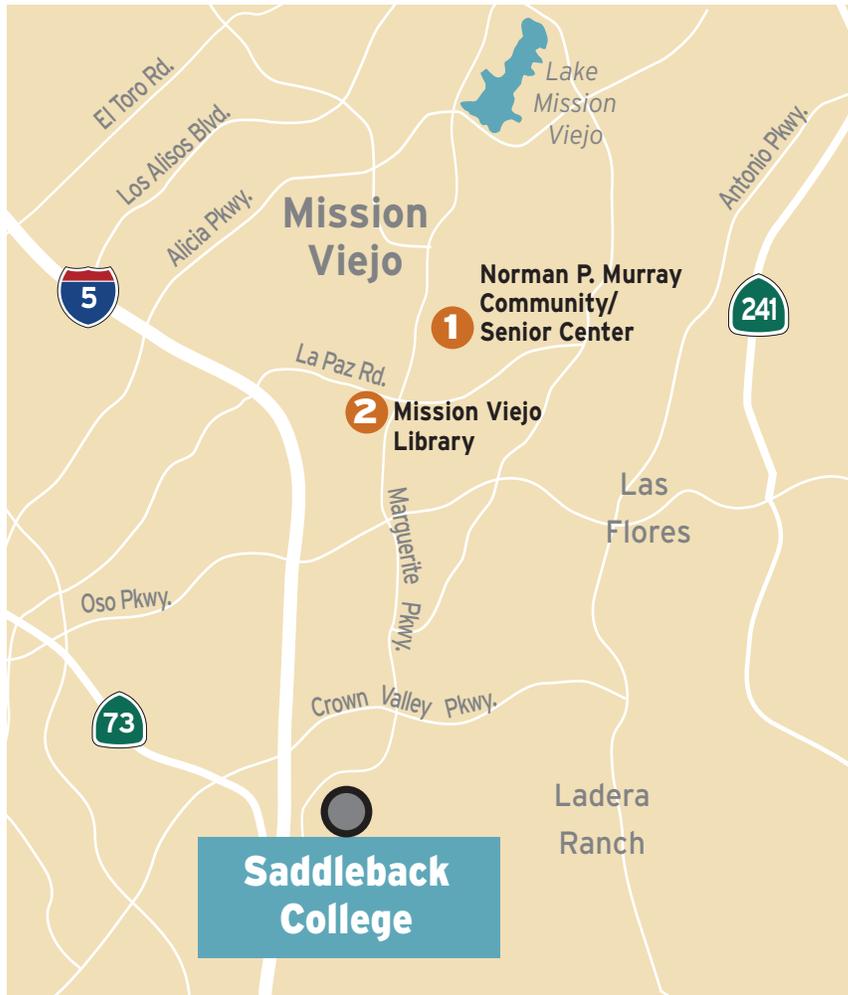
## Mission Viejo City Services

### 1 Veterans and Military Family Resources

Located at the Norman P. Murray Community/Senior Center  
 24932 Veterans Way, Mission Viejo  
 949.470.3062

### 2 Mission Viejo Library

100 Civic Center, Mission Viejo  
 949.830.7100



## Elder Services/Abuse Reporting

### **Age Well Senior Services**

Food Services: 949.470.3063

Case/Care Management: 949.380.0155

Transportation Services: 949.855.9766

[agewellseniorservices.org](http://agewellseniorservices.org)

### **Council on Aging**

Advocacy & protection; education & outreach;  
prevention & wellness; socialization

714.479.0107

[coasc.org](http://coasc.org)

### **Office on Aging**

1300 S. Grand Ave, Bldg. B, Santa Ana

Mon-Fri, 8 am-5 pm

800.510.2020

[officeonaging.ocgov.com](http://officeonaging.ocgov.com)

### **Adult Protective Services (APS)**

24-hour hotline: 800.451.5155

### **Long Term Care Nursing Home Ombudsman**

24-hour crisis line: 800.231.4024



## Emergency Preparedness

### City of Mission Viejo

[cityofmissionviejo.org/departments/police-services/emergency-preparedness](http://cityofmissionviejo.org/departments/police-services/emergency-preparedness)

### County of Orange

[alertoc.com](http://alertoc.com)

## Emergency Shelters

### Courtyard Transitional Center

Low threshold, low-barrier emergency shelter

Address: 400 W. Santa Ana Blvd, Santa Ana

Bus Route: 83 or 91 - Calle de la Plata-Paseo de Valencia, 83 - Santa Ana-Ross

[midnightmission.org/thecourtyard](http://midnightmission.org/thecourtyard)

### Armories - Seasonal Only (Mercy House)

Fullerton and Santa Ana locations

714.836.7188, ext. 107

### Human Options

Domestic violence hotline 877.854.3594

### Laura's House

Domestic violence hotline 866.498.1511

### Friendship/Emergency Shelters

Laguna Beach 949.494.6928



## Employment Services

### Orange County One-Stop Center

17891 Cartwright Rd, Suite 100, Irvine  
949.341.8000

## Family Resources

### South Orange County / CHEC Family Resource centers

The South Orange County (SOC) and the Community Health Enrichment Collaborative (CHEC) Family Resource centers are part of a collaborative effort to provide education, support, and resources to enhance the process of family growth. This is done by developing skills that promote good health, self-sufficiency, improve quality of life and foster a sense of community. Available services include:

**Family Support Services:** Short-term program for families with children ages 0-18 to support, empower, and strengthen families by connecting them with community resources.

**Information and Resources:** Parenting classes, workshops, resources for food banks, emergency shelters and other public benefits.

**Individual Counseling and Workshops:** Offered at low to no cost for uninsured families and individuals. Brief individual, crisis, group, couples and family counseling is available.

**Domestic Violence Services:** Services for victims of domestic violence, including education, resources, legal advocacy and Personal Empowerment classes.

**Community Classes & Workshops include:** Skills for life, children and teen empowerment groups, credit counseling workshops, and financial workshops.

**Community Engagement Action Council (CEAC):** A group of community leaders who make a difference by serving as ambassadors of the Family Resource Center (FRC) throughout south Orange County.

**Enrollment Assistance:** Health insurance and public assistance enrollment in Cal-Fresh/Cal Works, Covered California and Medi-Cal.

### South Orange County Resource Center

22481 Aspan St., Lake Forest, CA 92630; 949.364.0500

Monday, Thursday and Friday 8:30 a.m. to 5 p.m.; Wednesday and Thursday 11:30 a.m. to 8 p.m.

### CHEC Family Resource Center

27412 Calle Arroyo, San Juan Capistrano, CA 92675; 949.489.7742

Monday, Tuesday and Friday 8:30 a.m. to 5 p.m.

Tuesday and Wednesday 11:30 a.m. to 8 p.m.

[www.socfrc.org](http://www.socfrc.org)



## Health and Wellness Phone Applications

All of these phone apps can be downloaded to your smart phone from Google Play (Android) or the Apple app store. These apps are geared to help improve your health and well-being.

Name	Description	Price
<b>A Friend Asks</b>	Provides warning signs of suicidal ideation and tips for getting help for a friend (or yourself) who may be struggling with thoughts of suicide.	<b>Free</b>
<b>Calm</b>	Guided meditation, sleep stories, breathing & stretching exercises, and relaxing music.	<b>Free with optional in app purchases</b>
<b>FitOn</b>	Provides home workout classes with celebrity trainers in strength, HIIT, yoga, Pilates, dance and more.	<b>Free with optional in app purchases</b>
<b>GoodRx</b>	Provides coupons for medications.	<b>Free</b>
<b>Insight Timer</b>	Guided meditations, music tracks and talks from the world's mindfulness experts.	<b>Free with optional in app purchases</b>
<b>My Fitness Pal</b>	Log the food you eat daily. Barcode scanner for food nutritional information. Healthy recipes. Tracks all your nutrients for the day.	<b>Free with optional in app purchases</b>
<b>My 3</b>	Helps you create a network and an action plan to stay safe in times of crisis or when feeling suicidal.	<b>Free</b>
<b>Nike Run Club</b>	Run tracker with GPS tracking, audio guided runs, personalized running plans and goals.	<b>Free</b>
<b>Rain Rain Sleep Sounds</b>	Rain and nature sounds to help you relax and fall asleep.	<b>Free with optional in app purchases</b>
<b>Self-help for Anxiety Management</b>	Helps manage anxiety by helping you be aware of triggers and understanding anxious thoughts.	<b>Free</b>
<b>Smiling Mind</b>	Mindfulness, meditation and sleep guided sessions.	<b>Free</b>
<b>Stop, Breathe &amp; Think</b>	Provides short "check-ins" and 1-5 min activities that can help keep you calm.	<b>Free with optional in app purchases</b>



## Homeless Bridge/Short-term Housing

### **Gilchrist and Family House**

Family assistance ministries; San Clemente; phone: 949.492.8477

### **One Step Ministry**

Single parents in Irvine; phone: 949.458.2425  
onestepministry.org

### **Mercy House**

All ages and needs; Santa Ana; phone: 714.836.7188 ext. 136  
mercyhouse.net

### **Orange County Rescue Mission**

In Tustin; phone: 800.663.3074; rescuemission.org

### **Gateway to Housing**

Family assistance in Irvine; 949.631.7213 ext. 500  
ocinterfaithshelter.org

## Homeless/Services for Youth

### **Standup for Kids**

Street outreach; mentoring; case management;  
Phone: 714.356.5437; standupforkids.org/orangecounty

### **Casa Youth Shelter**

In Los Alamitos, 24-hr hotline: 800.914.2272; casayouthshelter.org

### **Waymakers**

Youth shelters/emergency support in Santa Ana; 24-hour hotline: 714.842.6600  
24-hour sexual assault support: 714.957.2737; office: 949.250.0488; waymakersoc.org

### **Build Futures - Huntington Beach**

In Huntington Beach; homeless housing for 18 to 24 year old  
Phone: 714.907.7358; buildfutures.org

### **Project Hope Alliance**

Housing and services for children and families, in Costa Mesa  
Phone: 949.722.7863; projecthopealliance.org



## Food, Housing, and Crisis Services

### Family Assistance Ministries (FAM)

1030 Calle Negocio, San Clemente; Phone: 949.492.8477; family-assistance.org

Services include food pantry, housing, emergency assistance, and case management.

There are temporary safe shelters available at:

**Gilchrist House** - women and women with children

**Family House** - families with children ages 0-5

### Families Forward (Families only)

8 Thomas, Irvine; phone: 949.552.2727; families-forward.org

Bus Route 86 to Barranca-Alton, then walk south to Thomas Street

Families only. Services include housing programs, food pantry, case management, and counseling.

### Serving People in Need (SPIN)

151 Kalmus, H-2, Costa Mesa; phone: 714.751.1101; spinoc.org

Bus Route 86 to Main-Red Hill; Route 71 to Red Hill-Kalmus, then walk west on Kalmus.

Services include move-in funds for rapid rehousing; case management; street services/outreach

### South County Outreach (SCO)

7 Whatney, Suite B, Irvine; 949.380.8144; sco-oc.org

Bus Route 86 to Jeronimo-Bake, then walk west on Bake to Whatney

Services include housing, food pantry, homelessness prevention, and support services.

Pantry Hours: M, W, Th, F - 9am-3:30pm; Tues - 12:30 pm-3:30 pm

## Information Healthline

### 211OC.org

Phone: 211 (in O.C.) or 888.600.4357 for info, referral and assistance for food, shelter & human services.



## Mental / Behavioral Health

### **OC Healthcare Agency/Mental Health**

23228 Madero, Mission Viejo; 949.454.3940

5 Mareblu, Aliso Viejo 949.643.6930

OCHealthinfo.com/bhs

### **Mission Hospital Behavioral Health Services**

Direct: 949.499.7504 ext. 2

General: 949.364.1400

<https://Mission4health.com>

### **National Alliance on Mental Health (NAMI)**

OC Warm line: 714.991.6412

### **South County Family Resource Center**

22481 Aspan St, STE B, Lake Forest

949.364.0500

[socfrc.org](http://socfrc.org)

### **Western Youth Services (18 & under)**

26137 La Paz Road, Suite 230, Mission Viejo

949.595.8610

[westernyouthservices.org](http://westernyouthservices.org)

## Mental Health / Drug & Alcohol Abuse / Prevention & Intervention - All Age Groups

### **OC Health Care Agency**

O.C. Behavioral Health Information & Referrals: 855.625.4657

[ochealthinfo.com/oclinks](http://ochealthinfo.com/oclinks)

TDD Number: 714.834.2332

Mon. - Fri. 8 a.m. - 6 p.m.



## Support and Abuse Services

### Substance Abuse

Mission Viejo Drug Prevention Coalition  
Meets 3rd Wed of the month, 6-7 pm  
Phone: 949.470.8412 for more information

### Mission Viejo City Hall

200 Civic Center, Mission Viejo  
Walk-in Hours: Mon-Fri 8 am-5 pm  
Phone: 949.470.8433  
[cityofmissionviejo.org/policeservices](http://cityofmissionviejo.org/policeservices)

### OC Healthcare Agency (Alcohol/Drug abuse)

[www.OCHhealthinfo.com/bhs](http://www.OCHhealthinfo.com/bhs)

### Alcoholics Anonymous

24-hour: 714.556.4555

### National Council on Alcoholism/Drug Dependence (NCADD)

24-hour: 800.622.2255

### Substance Abuse/Mental Health Services Administration (SAMHSA)

24-hour: 800.662.4357

### Solace Foundation of OC-(Recovery/Support)

[solacefoundationofoc.org](http://solacefoundationofoc.org)

## Non-Emergency Dispatch

Report suspicious conduct/community safety issues 949.770.6011  
[keepocsafe.org/see-say-prevention.html](http://keepocsafe.org/see-say-prevention.html)

## Police Services/Emergency Services

Dial 9-1-1 for life threatening emergencies



## Transportation

### Orange County Transportation Authority (OCTA) Public Bus Service

Mission Viejo Bus Routes: 85, 86, 87, 89, 91

Cost: Single ride - \$2, Day pass - \$5

Reduced rates available for seniors, people with disability, Medicare cardholders & ACCESS riders

Phone: 714.636-7433

[octa.net/busbook/](http://octa.net/busbook/)

### MV Shuttle

Cost: Free

Operations: Mon-Fri 5:47 am to 6:20 pm

Route: From Norman P. Murray Center to Laguna Niguel/Mission Viejo Metrolink.

Phone: 949.470.3068

Full schedule/stops listed on city website:

[cityofmissionviejo.org/departments/public-works/traffic-and-transportation/mv-shuttle](http://cityofmissionviejo.org/departments/public-works/traffic-and-transportation/mv-shuttle)

### OC ACCESS, ADA eligible passengers

Cost: \$3.60 base fee for routes off fixed OCTA bus route

Ride requests: Mon - Fri 7 am - 5 pm, Sat - Sun 8 am- 5 pm

Additional service: same day taxi service

Phone: 877.628.2232

[www.octa.net/Getting-Around/Bus/ACCESS-Service/Overview/](http://www.octa.net/Getting-Around/Bus/ACCESS-Service/Overview/)

### Senior Dial-A-Taxi

For city residents 60 years and older

Cost: \$5 per one-way trip

Operations: 24 hours/day, 7 days/week

Registration/Photo ID required in advance of use

Phone: 949.470.3062

[cityofmissionviejo.org/departments/recreation/senior-services/senior-transportation](http://cityofmissionviejo.org/departments/recreation/senior-services/senior-transportation)



## Veterans' Resources

### 24/7 HOTLINES

Crisis Line: 800.273.8255 #1

Homelessness hotline: 877.424.3838

### Homeless Services/Housing

VA Community Resource & Referral Center

888 W. Santa Ana Blvd, STE #150, Santa Ana

844.838.8300

va.gov/homeless

### Health Services: VA Laguna Hills Health Clinic

23719 Moulton Pkwy, Laguna Hills

949.587.3700

longbeach.va.gov/locations/lagunahills

## Veteran Benefits: Filing/Disputes

### VA Benefits Hotline:

800.827.1000

### Orange County Veterans Services

Norman P. Murray Community/Senior Center

714.480.6555

### Veteran Affairs/ Legal Counseling

949.470.3062 - By appointment

## Veteran Counseling/Family Support

### South Orange County Veterans Center

26431 Crown Valley, STE #100, Mission Viejo

949.348.6700

### Volunteers of America

Supportive Services Veteran Families (SSVF)

714.426.9834



# Orange County Health Clinics

## AltaMed Medical & Dental Group

www.altamed.org

1814 W. Lincoln Ave., Suite A&B, Anaheim, CA 92801

Telephone: 888.499.9303; Fax: 714.774.4784

### Languages:

- English
- Spanish
- Vietnamese
- Chinese
- Tagalog

### Services:

- General Care
- Senior Care
- Dental

### Hours:

Sun. Closed  
 Mon. 8 a.m. - 5 p.m.  
 Tue. 9 a.m. - 5 p.m.  
 Wed. 8 a.m. - 5 p.m.  
 Thurs. 9 a.m. - 5 p.m.  
 Fri. 8 a.m. - 5 p.m.  
 Sat. 8 a.m. - 4:30 p.m.  
 (Sat. - Dental Only)

## AltaMed Medical Group

www.altamed.org

1820 W. Lincoln Ave., Anaheim, CA 92801

Telephone: 888.499.9309; Fax: 714.774.4784

### Languages:

- English
- Spanish

### Services:

- General Care
- Urgent Care
- Women's Health
- Pediatric Care
- Pharmacy

### Hours:

Sun. Closed  
 Mon. 8 a.m. - 9 p.m.  
 Tue. 9 a.m. - 9 p.m.  
 Wed. 8 a.m. - 9 p.m.  
 Thurs. 9 a.m. - 9 p.m.  
 Fri. 8 a.m. - 9 p.m.  
 Sat. 9 a.m. - 6 p.m.

### Urgent Care Hours:

Mon-Fri 1 p.m. - 9 p.m.  
 Sat. 9 a.m. - 6 p.m.

## AltaMed Medical Group

www.altamed.org

12751 Harbor Blvd., Garden Grove, CA 92804

Telephone: 888.499.9303; Fax: 714.636.0928

### Languages:

- English
- Spanish
- Vietnamese
- Chinese
- Tagalog
- Portuguese
- Arabic

### Services:

- General Care
- Urgent Care
- Women's Health
- Pediatric Care
- Pharmacy
- Dental
- Senior Care

### Hours:

Sun. 10 a.m. - 6 p.m.  
 Mon. 8 a.m. - 9 p.m.  
 Tue. 9 a.m. - 9 p.m.  
 Wed. 8 a.m. - 9 p.m.  
 Thurs. 9 a.m. - 9 p.m.  
 Fri. 8 a.m. - 6 p.m.  
 Sat. 10 a.m. - 6 p.m.

## AltaMed Medical & Dental Group

www.altamed.org

8041 Newman Ave., Huntington Beach, CA 92647

Telephone: 714.500.0400; Fax: 714.500.0355

### Languages:

- English
- Spanish
- Vietnamese

### Services:

- General Care
- Urgent Care
- Women's Health
- Pediatric Care
- Pharmacy
- Dental
- Senior Care

### Medical/Urgent Care Hours:

Sun. Closed  
 Mon. 8 a.m. - 9 p.m.  
 Tue. 9 a.m. - 9 p.m.  
 Wed. 8 a.m. - 9 p.m.  
 Thurs. 9 a.m. - 9 p.m.  
 Fri. 8 a.m. - 9 p.m.  
 Sat. 8 a.m. - 6 p.m.

### Dental Hours:

Sun. Closed  
 Mon. 8 a.m. - 5 p.m.  
 Tue. 9 a.m. - 5 p.m.  
 Wed. 8 a.m. - 5 p.m.  
 Thurs. 9 a.m. - 5 p.m.  
 Fri. 8 a.m. - 5 p.m.  
 Sat. 8 a.m. - 5 p.m.



# Orange County Health Clinics

## AltaMed Medical Group

www.altamed.org

4010 E. Chapman Ave., Orange, CA 92869

Telephone: 888.499.9303; Fax: 714.532.3943

### Languages:

- English
- Spanish

### Services:

- General Care
- Senior Care
- Women's Health
- Pediatric Care

### Hours:

Sun.	Closed
Mon.	8 a.m. - 7 p.m.
Tue.	9 a.m. - 7 p.m.
Wed.	8 a.m. - 7 p.m.
Thurs.	9 a.m. - 7 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	8 a.m. - 12 p.m. (every other Saturday)

## AltaMed Medical & Dental Group

www.altamed.org

1400 N. Main St., Santa Ana, CA 92701

Telephone: 888.499.9303; Fax: 714.541.8032

### Languages:

- English
- Spanish
- Vietnamese
- Chinese
- Tagalog

### Services:

- General Care
- Senior Care
- Women's Health
- Pediatric Care
- Dental

### Hours:

Sun.	Closed
Mon.	8 a.m. - 7 p.m.
Tue.	9 a.m. - 7 p.m.
Wed.	8 a.m. - 7 p.m.
Thurs.	9 a.m. - 7 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	Closed

## AltaMed Medical Group

www.altamed.org

2720 Bristol St., Suite 110, Santa Ana, CA 92704

Telephone: 888.499.9303; Fax: 714.532.3943

### Languages:

- English
- Spanish

### Services:

- General Care
- Urgent Care
- Women's Health
- Pediatric Care
- Pharmacy

### Hours:

Sun.	Closed
Mon.	8 a.m. - 9 p.m.
Tue.	9 a.m. - 9 p.m.
Wed.	8 a.m. - 9 p.m.
Thurs.	9 a.m. - 9 p.m.
Fri.	8 a.m. - 6 p.m.
Sat.	9 a.m. - 6 p.m.

### Urgent Care Hours:

Sun.	Closed
Mon.	1 p.m. - 9 p.m.
Tue.	1 p.m. - 9 p.m.
Wed.-Fri.	Closed
Sat.	9 a.m. - 6 p.m.



# Orange County Health Clinics

## Central City Community Health Center

[www.centralcityhealth.org](http://www.centralcityhealth.org)

2237 W. Ball Rd., Anaheim, CA 92804

Telephone: 714.490.2750; Fax: 714.490.2757

### Languages:

- English
- Spanish
- Farsi

### Services:

- Family Practice
- PB/GYN
- Dental
- Chiropractic
- Acupuncture

### Hours:

Sun.	Closed
Mon.	8 a.m. - 7 p.m.
Tue.	9 a.m. - 7 p.m.
Wed.	8 a.m. - 7 p.m.
Thurs.	9 a.m. - 7 p.m.
Fri.	8 a.m. - 7 p.m.
Sat.	8:30 a.m. - 2 p.m.

## Central City Community Health Center

[www.centralcityhealth.org](http://www.centralcityhealth.org)

12511 Brookhurst St., Garden Grove, CA 92840

Telephone: 714.643.7176; Fax: 714.643.7180

### Languages:

- English
- Spanish
- Korean
- Vietnamese
- French

### Services:

- Family Practice
- Psychiatry
- Podiatry

### Hours:

Sun.	Closed
Mon.	8 a.m. - 5 p.m.
Tue.	9 a.m. - 5 p.m.
Wed.	8 a.m. - 5 p.m.
Thurs.	9 a.m. - 5 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	Closed

## Hurtt Family Health Clinic

[www.hurttclinic.org](http://www.hurttclinic.org)

1100 N. Tustin Ave, Suite A, Santa Ana, CA 92705

Telephone: 714.247.0300; Fax: 714.259.1598

### Languages:

- English
- Spanish
- Korean

### Services:

- Behavioral Health
- Dental
- Adult Medical

### Mobile Unit:

Civic Center in Santa Ana; call for hours

### Hours:

Sun.	Closed
Mon.	7 a.m. - 5 p.m.
Tue.	7 a.m. - 5 p.m.
Wed.	7 a.m. - 5 p.m.
Thurs.	7 a.m. - 5 p.m.
Fri.	7 a.m. - 5 p.m.
Sat.	Closed

## Hurtt Family Health Clinic

[www.hurttclinic.org](http://www.hurttclinic.org)

1 Hope Drive, Tustin, CA 92782

Telephone: 714.247.0300; Fax: 714.259.1598

### Languages:

- English
- Spanish
- Korean
- Vietnamese

### Services:

- Behavioral Health
- Dental
- Adult Medical
- Vision
- Pediatric

### Mobile Unit:

Call for hours

### Hours:

Sun.	Closed
Mon.	7 a.m. - 5 p.m.
Tue.	7 a.m. - 5 p.m.
Wed.	7 a.m. - 5 p.m.
Thurs.	7 a.m. - 5 p.m.
Fri.	7 a.m. - 5 p.m.
Sat.	Closed



# Orange County Health Clinics

**Friends of Family Health Center**  
 www.fofhealthcenter.org  
 501 S. Idaho St., Suite 100-190, La Habra, CA 90631  
 Telephone: 562.690.0400; Fax: 562.690.3182

<p><b>Languages:</b></p> <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> <li>• Arabic</li> <li>• Farsi</li> </ul> <p><b>Services:</b></p> <ul style="list-style-type: none"> <li>• Internal Medicine</li> <li>• Dental</li> <li>• Family Practice</li> <li>• Pediatric</li> <li>• Behavioral Health</li> <li>• OB/GYN</li> </ul>	<p><b>Hours:</b></p> <p>Sun. Closed</p> <p>Mon. 8 a.m. - 5 p.m.</p> <p>Tue. 8 a.m. - 5 p.m.</p> <p>Wed. 8 a.m. - 5 p.m.</p> <p>Thurs. 8 a.m. - 5 p.m.</p> <p>Fri. 8 a.m. - 5 p.m.</p> <p>Sat. 8 a.m. - 4:30 p.m.</p>
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**Friends of Family Health Center**  
 www.fofhealthcenter.org  
 13152 Newport Ave., Suite B, Tustin, CA 92780  
 Telephone: 714.263.8600; Fax: 714.263.8601

<p><b>Languages:</b></p> <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> </ul> <p><b>Services:</b></p> <ul style="list-style-type: none"> <li>• Internal Medicine</li> <li>• Family Practice</li> <li>• Pediatric</li> </ul>	<p><b>Hours:</b></p> <p>Sun. Closed</p> <p>Mon. 8 a.m. - 5 p.m.</p> <p>Tue. 8 a.m. - 5 p.m.</p> <p>Wed. 8 a.m. - 5 p.m.</p> <p>Thurs. 8 a.m. - 5 p.m.</p> <p>Fri. 8 a.m. - 5 p.m.</p> <p>Sat. Closed</p>
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**KCS Health Center**  
 www.KCShealthcenter.org  
 7212 Orangethorpe Ave., # 9A, Buena Park, CA 90621  
 Telephone: 714.503.6550; Fax: 714.562.8729

<p><b>Languages:</b></p> <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> <li>• Korean</li> </ul> <p><b>Services:</b></p> <ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Dental</li> <li>• Acupuncture</li> <li>• Pediatric</li> <li>• Behavioral Health</li> <li>• OB/GYN</li> </ul>	<p><b>Hours:</b></p> <p>Sun. Closed</p> <p>Mon. 9 a.m. - 5 p.m.</p> <p>Tue. 9 a.m. - 5 p.m.</p> <p>Wed. 9 a.m. - 5 p.m.</p> <p>Thurs. 9 a.m. - 5 p.m.</p> <p>Fri. 9 a.m. - 5 p.m.</p> <p>Sat. 9 a.m. - 5 p.m.</p>
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**La Amistad Family Health Center**  
 www.stjudenhc.com  
 353 South Main St., Orange, CA 92868  
 Telephone: 714.771.8006; Fax: 714.744.8630

<p><b>Languages:</b></p> <ul style="list-style-type: none"> <li>• English</li> <li>• Spanish</li> </ul> <p><b>Services:</b></p> <ul style="list-style-type: none"> <li>• Adult Medicine</li> <li>• Pediatric</li> <li>• Dental</li> <li>• Prenatal Care</li> <li>• Mental Health</li> <li>• Vision Care</li> </ul>	<p><b>Hours:</b></p> <p>Sun. Closed</p> <p>Mon. 8 a.m. - 5 p.m.</p> <p>Tue. 8 a.m. - 5 p.m.</p> <p>Wed. 8 a.m. - 5 p.m.</p> <p>Thurs. 8 a.m. - 5 p.m.</p> <p>Fri. 8 a.m. - 5 p.m.</p> <p>Sat. Closed</p>
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## Orange County Health Clinics

### Laguna Beach Community Clinic

[www.lbclinic.org](http://www.lbclinic.org)

362 Third St., Laguna Beach, CA 92651

Telephone: 949.494.0761; Fax: 949.497.9922

#### Languages:

- English
- Spanish
- Vietnamese

#### Services:

- Adult Medicine
- Pediatric
- Women's Health
- Prenatal
- Mental Health

#### Hours:

Sun.	Closed
Mon.	8 a.m. - 5 p.m.
Tue.	8 a.m. - 5 p.m.
Wed.	8 a.m. - 5 p.m.
Thurs.	8 a.m. - 5 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	8 a.m. - 12 p.m.

### Lestonnac Free Clinic

[www.lestonnacfreeclinic.org](http://www.lestonnacfreeclinic.org)

1215 E. Chapman Ave., Orange, CA 92866

Telephone: 714.633.4600; Fax: 714.633.1412

#### Languages:

- English
- Spanish
- Korean
- Vietnamese

#### Services:

- Primary Care
- Pediatric Care
- Behavioral Health
- Optometry

#### Hours:

Sun.	Closed
Mon.	9 a.m. - 7 p.m.
Tue.	9 a.m. - 5 p.m.
Wed.	9 a.m. - 7 p.m.
Thurs.	9 a.m. - 5 p.m.
Fri.	9 a.m. - 5 p.m.
Sat.	8 a.m. - 4 p.m.

### Livingstone Free Clinic

[www.livingstonecdc.com](http://www.livingstonecdc.com)

12362 Beach Blvd., Suite 10, Stanton, CA 90680

Telephone: 714.248.9500; Fax: 714.622.4943

#### Languages:

- English
- Spanish
- Korean

#### Services:

- Primary Care
- Pediatric Care
- Women's Health
- Family Planning
- Dental
- Acupuncture

#### Hours:

Sun.	Closed
Mon.	Closed
Tue.	9 a.m. - 6 p.m.
Wed.	9 a.m. - 6 p.m.
Thurs.	9 a.m. - 6 p.m.
Fri.	9 a.m. - 6 p.m.
Sat.	9 a.m. - 3 p.m.

### Nhan Hoa Comprehensive Health Center

[www.nhanhoa.org](http://www.nhanhoa.org)

7761 Garden Grove Blvd., Garden Grove, CA 92841

Telephone: 714.898.8888; Fax: 714.901.7580

#### Languages:

- English
- Vietnamese

#### Services:

- Adult Medicine
- Pediatric
- Behavioral Health
- Dental
- Optometry

#### Hours:

Sun.	Closed
Mon.	8 a.m. - 8 p.m.
Tue.	8 a.m. - 8 p.m.
Wed.	8 a.m. - 8 p.m.
Thurs.	8 a.m. - 8 p.m.
Fri.	8 a.m. - 8 p.m.
Sat.	9 a.m. - 1 p.m.



## Orange County Health Clinics

### North OC Regional Health Foundation

www.nocrhf.org

901 W. Orangethorpe Ave., Fullerton, CA 92832

Telephone: 714.441.0411; Fax: 714.441.1824

#### Languages:

- English
- Spanish
- Tagalog

#### Services:

- Adult Medicine
- Pediatric
- Women's Health
- Prenatal
- Family Planning

#### Hours:

Sun.	Closed
Mon.	8 a.m. - 5:30 p.m.
Tue.	8 a.m. - 4:30 p.m.
Wed.	8 a.m. - 4:30 p.m.
Thurs.	8 a.m. - 4:30 p.m.
Fri.	8 a.m. - 5:30 p.m.
Sat.	By appointment

### Save The People Community Health Cewnter

www.serve-the-people.com

1206 E. 17th Street #101, Santa Ana, CA 92701

Telephone: 714.352.2911; Fax: 714.352.2903

#### Languages:

- English
- Spanish

#### Services:

- Adult Medicine
- OB/GYN
- Women's Health
- Family Planning
- Behavioral
- Immunizations
- Dental
- Vision

#### Hours:

Sun.	Closed
Mon.	Closed
Tue.	8 a.m. - 5 p.m.
Wed.	8 a.m. - 5 p.m..
Thurs.	8 a.m. - 5 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	8 a.m. - 4:30 p.m.

### Sierra Health Center

501 S. Brookhurst, Fullerton, CA 92833

Telephone: 714.988.6781

#### Languages:

- English
- Spanish

#### Services:

- Family Practice
- OB/GYN

#### Hours:

Sun.	Closed
Mon.	8:30 a.m. - 5:30 p.m.
Tue.	8 :30 a.m. - 5:30 p.m.
Wed.	8:30 a.m. - 5:30 p.m.
Thurs.	8 :30 a.m. - 5:30 p.m.
Fri.	8:30 a.m. - 5:30 p.m.
Sat.	Closed



# Orange County Health Clinics

## SOS Community Health Center

www.shareourselves.org

1550 Superior Ave, Costa Mesa, CA 92627

Telephone: 949.270.2100; Fax: 949.656.6976

### Languages:

- English
- Spanish
- Vietnamese
- Chinese
- Farsi

### Services:

- Primary Care
- Pediatric
- Behavioral Health
- Dental
- Women's Health

### Hours:

Sun.	Closed
Mon.	8 a.m. - 7 p.m.
Tue.	8 a.m. - 7 p.m.
Wed.	8 a.m. - 7 p.m.
Thurs.	8 a.m. - 7 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	Closed

## SOS & Peace Center Health Clinic

www.shareourselves.org

1 Purpose Drive, Lake Forest, CA 92630

Telephone: 949.609.8199; Fax: 949.656.6976

### Languages:

- English
- Spanish
- Vietnamese

### Services:

- Primary Care
- Behavioral Health
- Social Services
- Case Management
- Food Pantry

### Hours:

Sun.	Closed
Mon.	8:30 a.m. - 5 p.m.
Tue.	8:30 a.m. - 5 p.m.
Wed.	8:30 a.m. - 5 p.m.
Thurs.	8:30 a.m. - 5 p.m.
Fri.	9 a.m. - 3 p.m.
Sat.	Closed

## SOS Children & Family Health Center

www.shareourselves.org

307 Placentia Ave., Suite 107, Newport Beach, CA 92663

Telephone: 949.270.2100

### Languages:

- English
- Spanish

### Services:

- Pediatric
- Behavioral Health
- Women's Health

### Hours:

Sun.	Closed
Mon.	8 a.m. - 5 p.m.
Tue.	8 a.m. - 5 p.m.
Wed.	8 a.m. - 5 p.m.
Thurs.	8 a.m. - 5 p.m.
Fri.	8 a.m. - 5 p.m.
Sat.	Closed

## SOS-EL SOL Wellness Center

www.shareourselves.org

1014 N. Broadway, Santa Ana, CA 92701

Telephone: 949.270.2160

### Languages:

- English
- Spanish

### Services:

- Primary Care
- Pediatric
- Behavioral Health
- Pharmacy
- Women's Health

### Hours:

Sun.	Closed
Mon.	8 a.m. - 5 p.m.
Tue.	8 a.m. - 5 p.m.
Wed.	8 a.m. - 5 p.m.
Thurs.	8 a.m. - 5 p.m.
Fri.	8 a.m. - 3 p.m.
Sat.	Closed



# Orange County Health Clinics

## UCI Family Health Center

www.ucirvinehealth.org  
 300 West Carl Karcher Way, Anaheim, CA 92801  
 Telephone: 657.282.6356; Fax: 714.355.5407

**Languages:**

- English
- Spanish
- Vietnamese
- Mandarin
- Farsi

**Services:**

- Primary Care
- Pediatric
- Women’s Health
- Prenatal
- Family Planning
- Social Services

**Hours:**

- Sun. Closed
- Mon. 7:30 a.m. - 5 p.m.
- Tue. 7:30 a.m. - 5 p.m.
- Wed. 7:30 a.m. - 5 p.m.
- Thurs. 7:30 a.m. - 5 p.m.
- Fri. 8 a.m. - 5:30 p.m.
- Sat. Closed

## UCI Family Health Center

www.ucirvinehealth.org  
 800 N. Main Street, Santa Ana, CA 92701  
 Telephone: 657.282.6355; Fax: 714.355.5407

**Languages:**

- English
- Spanish
- Vietnamese
- Mandarin
- Farsi

**Services:**

- Primary Care
- Pediatric
- Women’s Health
- Prenatal
- Family Planning
- Social Services
- Dental

**Hours:**

- Sun. Closed
- Mon. 7:30 a.m. - 7:30 p.m.
- Tue. 7:30 a.m. - 6 p.m.
- Wed. 7:30 a.m. - 6 p.m.
- Thurs. 7:30 a.m. - 7:30 p.m.
- Fri. 7:30 a.m. - 6 p.m.
- Sat. Closed

## VCC: The Gary Center

www.vccthegarycenter.clinic  
 201 S. Harbor Blvd., La Habra, CA 90631  
 Telephone: 562.264.6000

**Languages:**

- English
- Spanish

**Services:**

- Family Care
- Pediatric
- Women’s Health
- Immunizations
- Family Planning
- Behavioral
- Dental

**Hours:**

- Sun. Closed
- Mon. 8 a.m. - 5 p.m.
- Tue. 10 a.m. - 7 p.m.
- Wed. 8 a.m. - 5 p.m.
- Thurs. 8 a.m. - 5 p.m.
- Fri. 8 a.m. - 5 p.m.
- Sat. 9 a.m. - 4 p.m.

## VNCOC Southland Health Center

www.thevncoc.org  
 9862 Chapman Ave., Suite B, Garden Grove, CA 92841  
 Telephone: 714.620.7001

**Languages:**

- English
- Vietnamese

**Services:**

- Primary Care
- Women’s Health
- Behavioral
- Dental
- Social Services

**Hours:**

- Sun. Closed
- Mon. 7 a.m. - 7 p.m.
- Tue. 7 a.m. - 7 p.m.
- Wed. 7 a.m. - 7 p.m.
- Thurs. 7 a.m. - 7 p.m.
- Fri. 7 a.m. - 7 p.m.
- Sat. 9 a.m. - 5 p.m.

